

2-nd INTERNATIONAL UKF INCLUSIVE KARATE CUP

PARA-KARATE SEMINAR

for athletes, coaches & judges

Lviv, Ukraine

1-2 December 2018



All disabled categories kata, kumite individual & pairs.

Organized under Ukrainian Karate Federation.

Head of Organizing Committee

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Ukrainian Karate Federation Chairman

Dear coaches and athletes!

We are hereby honored to announce that the 2-nd UKF PARA KARATE CUP are scheduled to be held on 2nd of December 2018 in Lviv, Ukraine with the cooperation of I-KARATE GLOBAL.

It is our utmost pleasure to see you soon.

Serhiy Levchuk



Inclusive Karate Federation Chairman

Dear para-karateka's!

I am happy that Ukraine gives you, all disabled athletes The opportunity to participate at this championship.

Again a victory for disabled people doing sports. A good moment where you can show all your ability's. And I am sure during many trainings, I watched and noticed you all have many. Let's not stop and keep on going on this track because, I am sure you can do it.

Good luck to you all and congratulations for the organising team.

Eric Bortels

Place and date

Registration form and scan copy of medical certificates must be send on e-mail:

areylviv@gmail.com

Deadline – 30-11-2018

SEMINAR with Attila Halasz, technical commissioner of I-karate Global

Saturday 01-12-2018, 18:00-21:00

Cycle track, Kleparivska str, 39a, Lviv, Ukraine

Check in

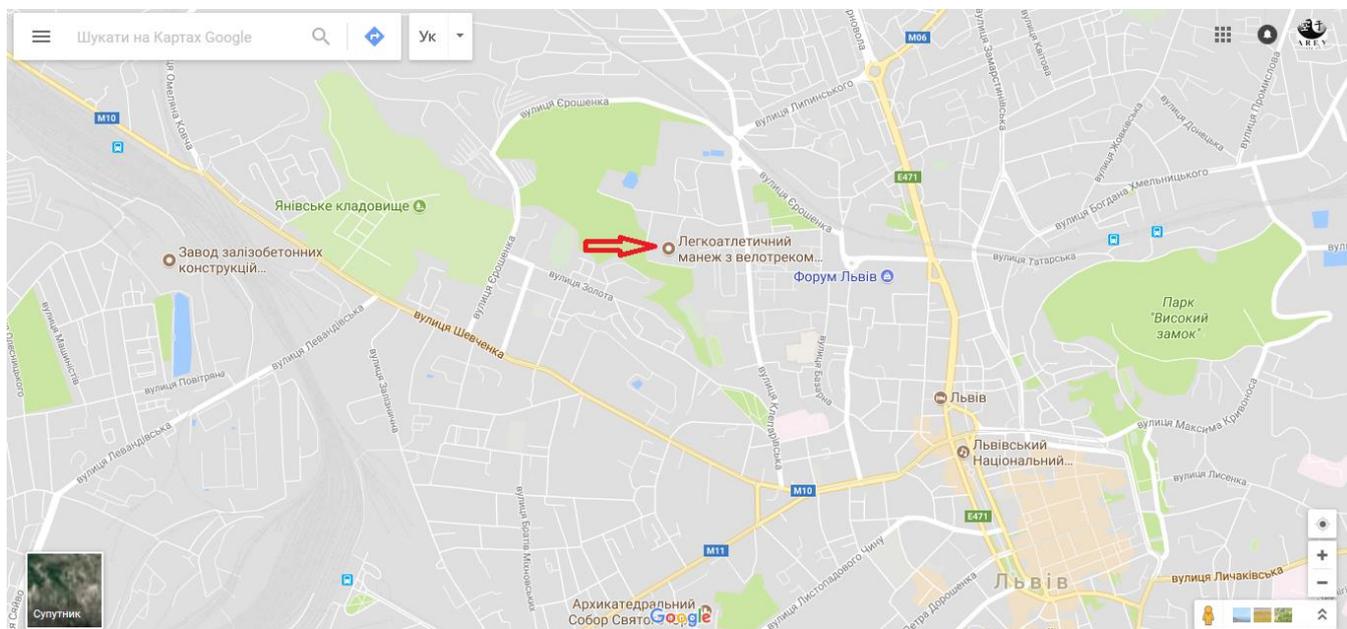
Saturday 01-12-2018, 18:00-20:00

Conference hall of cycle track, Kleparivska str, 39a, Lviv, Ukraine

START of the competition

Sunday 02-12-2018, 9:00

Cycle track, Kleparivska str, 39a, Lviv, Ukraine



Entry fees

10 Euro for the participation in all categories

Referees

National and international Judges and Referees with experience of judging disabled athletes are welcome.

CATEGORIES

Classification 101

AUTISM SPECTRUM DISORDER

Classification 101

Autism, no physical or coordination problems, can understand combinations at an advanced level. This category can train towards a mainstream outcome.

101 A Classification 101 **Individual kata**

Free choice of kata.
Allowed to repeat the kata.

101 B Classification 101 **Individual kumite**

Sanbon kumite One side of body only, left leg in front J/C/MG basic block
After 3rd block, counterattack fist to the body.

Comfort Referee kata: no counting, kumite: counting is obligated.

Classification 200

INTELLECTUAL IMPAIRMENT walkers

Classification 201

Intellectual Impairment (IQ between 75-50), can understand combinations.

Classification 202

Intellectual Impairment (IQ between 50-35), less understanding of combinations, working with red and blue bracelets and pictograms.

201A Classification 201 **Individual kata**

Any Shotokan kata.
Not allowed to repeat the kata.

201B Classification 201 **Individual kumite**

Sanbon kumite:
One side only, left leg in front J/C/MG basic block.
After 3rd block, counterattack fist to the body "kiai".

Comfort Referee kata: no counting, kumite: counting is obligated.

202A Classification 202 **Individual kata**

Any Shotokan kata.
Allowed to repeat the kata.

202B Classification 202 **Individual kumite**

Sanbon kumite :
left leg in front. start in Jodan/age uke position.
3 times jodan blok age uke and back-
3 times chudan blok gedan barai and back all combined.
After 3rd block counterattack fist to the body "kiai"
back to block position after counterattack.

Comfort Referee kata: counting allowed, kumite: counting is obligated.

Classification 300

PHYSICAL IMPAIRMENT walkers

Only the alleageable impairments of the Paralympics are allowed.

Classification 301

Physical disability, good mobility with legs and poor mobility with one arm can understand combinations, IQ higher than 50.

Classification 303

Physical disability, no good mobility with legs, coordination-balance problems, can understand combinations, IQ higher than 50.

301 A Classification 301 **Individual kata**

Athlete allowed to use one arm for all movements.
Allowed to repeat the kata. ~~only after the second round~~

301 B Classification 301 **Individual kumite**

Ippon kumite Best side in front : jodan, chudan, 3th choice chudan or mae geri
basic block hentai counterattack. (block and counterattack same arm)

Age uke/tate tsuki or tsuki chudan.

Soto uke/tetsui or tsuki chudan.

Gedan barai/uraken or tsuki chudan.

Comfort Referee kata: no counting, kumite: counting is obligated.

303 A Classification 303 **Individual kata**

Lower kata athlete allowed to use the best arm.
Allowed to repeat the kata.

303 B Classification 303 **Individual kumite**

Ippon kumite Best side attack : jodan chudan chudan or mae geri
basic block hentai or seitei counterattack.

When seitei fist to the body.

When hentai, counterattack with same arm as blocking arm.

Age uke/tate tsuki or seitei gts chudan.

Soto uke/tetsui or seitei gts chudan.

Gedan barai/uraken or seitei gts chudan.

Comfort Referee kata: no counting, kumite: counting is obligated.

Classification 400

VISION IMPAIRMENT walkers.

Classification 401

No physical or coordination problems can understand combinations.

Visibility blind or shadow sight. Eye protection required if shadow sight.

Classification 401 **Individual Kata**

Any Shotokan kata.

Allowed to repeat the kata.

Comfort Referee allowed to count.

Classification 405

No physical or coordination problems can understand combinations.

Partially sighted LOGMAR 1.0-1.4. Eye protection required only when together with 401.

Classification 401 **Individual Kata**

Any Shotokan kata.

Allowed to repeat the kata.

Comfort Referee allowed to count.

Classification 500 WHEELCHAIR athletes

Only the alleageable impairments of the Paralympics are allowed

Classification 501

Manual, no physical upper body impairment, visual impairment, no intellectual impairment.

Classification 502

(use of cherry stone pillow red or blue in case of 1 arm use)

Manual or electric, upper body impairment, control over body with slight deviation.

Performance is still clear or not able to use 1 hand or 1 arm perfectly, or together with visual impairment or intellectual impairment IQ but more than 50.

No bracelets allowed.

Classification 503

(use of cherry stone pillow red or blue in case of 1 arm use)

Manual more deviation less control, performing is not clear, or not able to use 1 hand or 1 arm, or together with visual impairment or intellectual impairment more than 50 IQ buddy can assist but athlete needs to point the direction.

Working with red and blue bracelets.

501 A Classification 501 **Individual Kata**

2 different kata, points will be counted together.

502 A Classification 502 **Individual Kata**

Free choice of kata.

Allowed to repeat the kata only after the second round.

503 A Classification 503 **Individual Kata**

Allowed to repeat the kata.

Comfort Referee can call red or blue to the I-athlete.

Can be accompanied by buddy or CFR.

Bracelets allowed.

Classification mixed

601 **KATA PAIRS OPEN 1 disabled athlete**

with regular buddy except classification 101, 201, 301, 401, 405, 501

kata (list) (levels, gender can be split up)

Final 8 free choice of kata (list)

Not allowed to repeat

No Comfort Referee needed (no counting!)

602 **KUMITE PAIRS OPEN 1 disabled athlete**

with regular buddy except classification 101, 201, 301, 401, 405, 501

CFR or abled athlete does 5 (basic) attacks with the impaired athlete.

The abled athlete is free to do a combination attack

or a block and attack and it will count as 1 attack

When there is a break of more than 2 seconds

in between attacks, it will count as 2 attacks

The athlete must do a block and counterattack

before any throw or a wristlock

Athlete and abled athlete move after every exercise

Use of brakes allowed and good control of wheelchair

At least one Kiai at the end

Out of wheelchair is a disqualification 6.0

The movements of the abled athlete must also be judged

No Comfort Referee needed (no counting!)

603

KATA PAIRS OPEN 1 disabled athlete

with regular buddy classification 101, 201, 301, 401, 405, 501

kata (list) (levels, gender can be split up)

Final 8 free choice of kata (list)

Not allowed to repeat

No Comfort Referee needed (no counting!)

604

KUMITE PAIRS OPEN 1 disabled athlete

with regular buddy classification 101, 201, 301, 401, 405, 501

CFR or abled athlete does 5 (basic) attacks with the impaired athlete.

The abled athlete is free to do a combination attack

or a block and attack and it will count as 1 attack

When there is a break of more than 2 seconds

in between attacks, it will count as 2 attacks

The athlete must do a block and counterattack

before any throw or a wristlock

Athlete and abled athlete move after every exercise

Use of brakes allowed and good control of wheelchair

At least one Kiai at the end

Out of wheelchair is a disqualification 6.0

The movements of the abled athlete must also be judged

No Comfort Referee needed (no counting!)

General notice

Accompany

Every athlete must be accompanied by a personal attendant wearing a tracksuit who will take care of the athlete.

The personal attendant or carer must be over the age of 18 and is responsible for the athlete during the whole competition. The attendant will know the background of the athlete person and be aware of any possible medication.

The Comfort Referee CFR

1 or 2 comfort referees on every floor as their impairment.

Checking if everything is on their floor material: point, flags, red and blue materials...

Checking the other comfort referee is the dress code is followed: no shoes, black throuses...

Needs to comfort the athlete.

Needs to know the athlete. The assistant Referee can be switched on the spot.

Will indicate the referee if there is any mistake.

The first to handle the dignity of the athlete.

Makes calls to the doctor in case of emergency.

Ensures that athletes do not hurt themselves.

Communicates with the athletes in a normal and understanding way.

Acts in case off aggression.

Is allowed to restart the match again (but only just after start).

Can overrule all of the judges to restart but cannot decide the winners.

With ASD 101-102 if the competitor loose the control because he mistakes from the beginning of the kata or kumite.

With intellectual imp. 201-202 if the comfort referee reconsider to better use colors or count together with the athlete.

Checking if they follow the rules for kata and kumite, for example:

obligated kumite, no exceptions are allowed

No counting by the comfort referee or coach with pairs and teams.

If the comfort referee is doubting to make a decision than the comfort referee will ask the final decision at the head comfort referee that day.

If the classification is less than 3 because at the moment some competitors don't

show up, the comfort referee must annulate that competition and refer the athletes to the next higher category.

Comfort Referee can take the role of buddy against any athlete if required.

The Assistant Referee will assist the Referee as required.

Coaches can be seated behind the competitor outside the competition, safety area, when they compeed, they can go on their respective sides at the side of the tatami next to the official table.

In case of wheelchair athletes there are 2 floors connected one with mats one without mats. The referees and judges will always start with kata and then move to the floor with mats for kumite.

Assaulting our officials verbal or physical, or disturbing the competition will not be tolerated. The person(s) will be removed by the security. The person(s) will be banned for the next competitions. According the decision of the organizing team.

CONTACT

If you require any further information or assistance please contact:

Tanya Ushakova |Tournament Director |

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